
Low Fat Sports Menu

FOR ALL THE MENU OPTIONS BELOW,
LOW FAT RECIPIES HAVE BEEN USED.

SOUP OF THE DAY

MAINS

Roast of the Day
Grilled Fish of the Day
Cajun Chicken & Salad
Beef Stroganoff
Chicken Cacciatore
Chicken and Asparagus Bake
Lamb Paprika with Noodles
Seafood Neapolitan
Risotto Primavera
Beef Stir Fry

DESSERTS

Fresh Fruit Platter
Chocolate Mousse
Pavalova
Apricot Pie
Apple and Rhubarb Filo Pastry
Carrot Cake

\$20.00 Per Person
Price inclusive of GST
